

EMERGENCY SERVICES

If you are experiencing a crisis, **call 911** and/or utilize the following resources

LOCAL EMERGENCY RESOURCES

COPE: Mobile Crisis Services

[Mobile Crisis Mental Health Services / Minnesota Department of Human Services](#)

COPE County Phone Numbers:

Dakota County	1-952-891-7171
Hennepin County	612-596-1223
Ramsey County	651-266-7900
Washington County	1-651-275-7400

Local Hospitals

Mercy Hospital (Allina Health) - Coon Rapids

Southdale (Fairview Health) - Edina

Fairview Southdale provides a unique mental health service called **EmPath (Emergency Psychiatric Assessment, Treatment, and Healing) mental health unit**. EmPATH is an innovative approach to emergency mental health care that is designed to guide people safely through a crisis while helping them build coping skills for the future. The unit is designed for acute psychiatric patients to receive assessment and evaluation in a therapeutic and least restrictive setting.

Unity Hospital (Allina Health) - Fridley

North Memorial - Robbinsdale

HCMC (Hennepin HealthCare) - Minneapolis

Riverside (Fairview Health) - Minneapolis

For the Hospital Nearest You: [Find Nearest Hospital To Me - Closest Hospital Search Tool](#)

NATIONAL EMERGENCY RESOURCES

988 Suicide and Crisis Lifeline

- [988 Suicide and Crisis Lifeline](#)
- Phone: 988

The Trevor Project

- [The Trevor Project](#) LGBTQ+ specific support
- Phone: 866-488-7386

Minnesota Farm & Rural Helpline

- [Minnesota Department of Agriculture](#)
- Phone: 833-600-2670

MENTAL HEALTH RESOURCES

National Alliance on Mental Illness (NAMI)

- <https://www.nami.org/>
- Phone: 651.645.2948 or 1.888.NAMI.HELPS